

For the best seat in the house
go by open top bus



Explore the Lakes by bus
for unrivalled scenic views

Summer 2023 | 27th March – 5th November

Explore the Lakes by bus



EVERY
20
MINUTES

● BOWNESS
● WINDERMERE
● AMBLESIDE
● GRASMERE

HOP-ON HOP-OFF

599



Plan your journey on the
Stagecoach Bus App



Explore The Lakes this **summer**

Thanks for picking up our guide to bus services in this beautiful part of the world, where you can see some stunning views as you travel through the area.

As well as our open top bus routes along the lakes of Windermere, Derwent and Ullswater, we have our smaller buses serving such great places as Coniston, Hawkshead and Dungeon Ghyll. Our flagship this summer, is the arrival of new double decker buses for our 555 service from Lancaster and Kendal through the Central Lakes to Grasmere and Keswick. Our new buses have wireless charging, tables so families and friends can sit together, as well as audio announcements so you know where to get off and super low emission engines to help make the Lake District even greener.

Our guide will help you plan some great scenic journeys and really make the most of your visit, you won't be disappointed.

You don't need to pay on the day, simply download our app and buy on your phone, or if you do want to pay on the day from one of our friendly drivers, we take contactless payments or cash.

Have a great visit, and see you onboard!

Rob Jones
Managing Director

Explore

THE ENGLISH LAKE DISTRICT
WORLD HERITAGE SITE

the lakedistrict
Cumbria

 **Share your photos with us**

 StagecoachCNL  StagecoachBus  stagecoach_bus

Explore beyond

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West Lakes: Cockermouth

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One day itinerary

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X6

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Carlisle to Patterdale

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Carlisle to Keswick

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755

Bowness to Morecambe

55-56

X4/X5

Penrith to Workington

57-64

Bus route map

Back

Explore beyond Windermere & Bowness



WINDERMERE TO...

BUS

Grasmere *every 20 mins*

This busy, attractive village is at the foot of some spectacular fells. Discover Dove Cottage, or sample the world-famous Grasmere Gingerbread.

555 599

Ambleside *11 mins by bus*

Discover the 17th Century Bridge House over Stock Ghyll beck, one of the most photographed buildings in the National Park.

505 555 599

Coniston *58 mins by bus*

A great base for walking and sailing, ride the famous Steam Yacht Gondola to really appreciate the views.

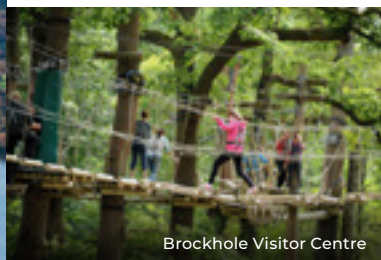
505

BOWNESS TO...

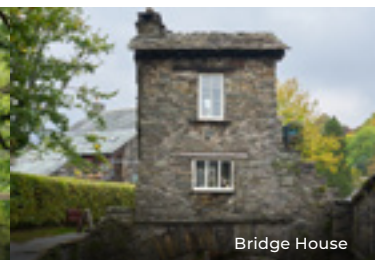
Newby Bridge *18 mins by bus*

Situated on the southern tip of Lake Windermere, it's a great base to explore Fell Foot Park.

6



Brockhole Visitor Centre



Bridge House

NEARBY ATTRACTIONS

BUS

Lakeland Motor Museum *30 mins by bus*

Head down memory lane and feast your eyes on a unique collection that includes 140 classic cars and motorbikes, all carefully assembled over 50 years.

6

Brockhole *6 mins by bus*

Located between Windermere and Ambleside, Brockhole on Windermere is the perfect day out for all the family. With lots to see and do, you'll be entertained for days!

505 555 599

Ullswater Steamers *60 mins by bus*

Visit this award winning attraction that's been providing cruises on beautiful Ullswater lake for over 160 years!

508

Get your tickets:



on the app



on the bus



contactless payment

Plan your journey at stagecoachbus.com

Explore beyond Ambleside



Where to catch your bus in Ambleside

Get your tickets:



on the app



on the bus



contactless payment

AMBLESIDE TO...

Windermere 14 mins by bus

A charming small town, just over a mile from the lake shore is perfect for a leisurely stroll around independent shops and restaurants.

505 555 599

Bowness 27 mins by bus

This vibrant tourist town is on the shore of England's largest lake, Lake Windermere, the perfect location for sailing and water sports.

599

Grasmere 15 mins by bus

Immerse yourselves in the world of poetry at Wordsworth Grasmere. Don't forget to sample the famous Grasmere Gingerbread while in the village!

555 599

Hawkshead 20 mins by bus

With its cobbled streets and whitewashed cottages, it's the perfect place to experience the real Lake District.

505

Elterwater 17 mins by bus

Get a glimpse of the fantastic views of the nearby Langdale Pikes in the heart of the Lake District and visit the famous Skelwith Force waterfall.

516

Keswick 45 mins by bus

For panoramic views, catch the launch on Derwentwater before exploring the various unique shops and galleries the town has to offer.

Coniston every 60 mins

A great base for walking and sailing, ride the famous Steam Yacht Gondola to really appreciate the views.

505

NEARBY ATTRACTIONS

Castlerigg Stone Circle every 30 mins

A dramatically sited British stone circle, with panoramic views and the mountains of Helvellyn and High Seat as a backdrop.

555

Windermere Lake Cruises

Make the most of your visit, cruise the length of lake Windermere and catch the bus back.

555 599

Beatrix Potter Gallery 20 mins by bus

Head to Hawkshead for a selection of published work or get inspired on the Beatrix Potter Trail.

505

Get more ideas at stagecoachbus.com/thelakes

Explore beyond Keswick



Where to catch your bus in Keswick

Get your tickets:



on the app



on the bus



contactless payment

KESWICK TO...

BUS

Borrowdale *every 30 mins*

Enjoy a walk in the Borrowdale Valley, afternoon tea in Grange and return by the Keswick Launch.

78

Dodd Wood *8 mins by bus*

This beautiful woodland is the ideal place to get stunning views of the northern Lake District, with a network of walking trails and views across the fells from the top of Dodd Summit.

73 554 X4

Workington *53 mins by bus*

An ancient market and industrial town at the mouth of the River Derwent, and the main shopping centre for West Cumbria.

X4 X5

Rydal *every 30 mins*

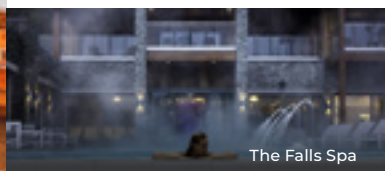
Visit Rydal Mount and Gardens, the historic family home of William Wordsworth, or take a short walk around the beautiful Rydal Water.

555

Cockermouth *30 mins by bus*

Lying just outside the boundary of the Lake District National Park, this attractive market town has a fantastic range of independent shops and restaurants to please everyone.

X4 X5



The Falls Spa



Rydal Water

NEARBY ATTRACTIONS

BUS

Whinlatter Visitor Centre *15 mins by bus*

Home to stunning views, fantastic walks, mountain biking, rare wildlife and adventure play.

77 77A

Honister Slate Mine *39 mins by bus*

Experience a range of indoor and outdoor activities, including underground tours of the original mines.

77 77A

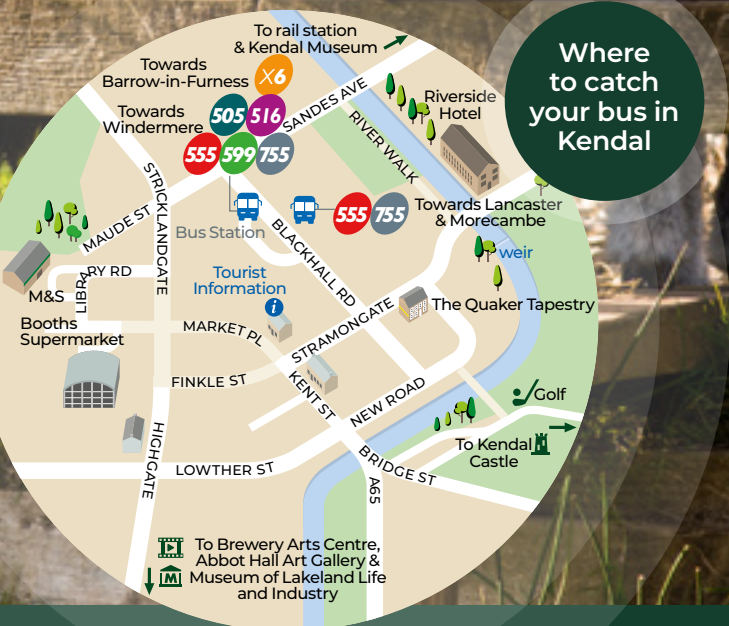
The Falls Spa *13 mins by bus*

Enjoy a unique spa experience with spectacular views and a luxurious pan-Asian restaurant serving both lunch and dinner.

78

Track your bus **download the Stagecoach App**

Explore beyond Kendal



KENDAL TO...

BUS

Ambleside *every 30 mins*

Surrounded by majestic Lakeland fells, Ambleside gives leisure visitors a relaxing break, and outdoor enthusiasts a challenge!

555

Grange Over Sands *30 mins by bus*

A quiet seaside retreat with some of the finest parks and gardens on the Cumbrian coast.

X6

Staveley *12 mins by bus*

This beautiful village is perfect for enjoying a craft ale after a day of walking on the nearby fells.

555

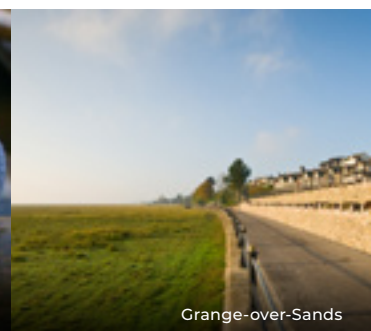
Newby Bridge *44 mins by bus*

A convenient base to explore the Southern Lakes, with a station stop on the popular Lakeside & Haverthwaite Railway line.

X6



Lakes Aquarium



Grange-over-Sands

NEARBY ATTRACTIONS

BUS

Lakes Aquarium *44 mins by bus*

Catch the bus to Newby Bridge and in a 1 mile walk reach Lakes Aquarium to discover fascinating creatures beneath the waters of the world!

X6

Levens Hall *14 mins by bus*

Take a stroll around the world's oldest topiary gardens before visiting Leven's Kitchen, serving home-grown produce from estate to plate.

555

Orrest Head *24 mins by bus*

Lace up your walking boots and head over to Orrest Head and School Knott, or hike to the National Trust's Townend.

555

Get your tickets:



on the app



on the bus



contactless payment

Plan your journey at stagecoachbus.com

Explore beyond Penrith



Where to catch your bus in Penrith

Get your tickets:



on the app



on the bus



contactless payment

PENRITH TO...

Ullswater *every 60 mins*

Travel by the shores of Ullswater in an open top bus to Aira Force and Aira Beck and enjoy a boat ride back.

BUS

508

Keswick *46 mins by bus*

Visit this market town for scenic mountain scapes, independent local shops and a boat launch. Find Castlerigg Stone Circle on a hilltop east of town.

X4 X5

Carlisle *every 60 mins*

Visit The Lanes Shopping Centre for a spot of retail therapy, followed by a refreshment break in one of the many cafes and restaurants on offer.

104

See website for details



Castlerigg Stone Circle



Ullswater Steammers

NEARBY ATTRACTIONS

Ullswater Steammers *44 mins by bus*

Enjoy a unique experience on board one of the largest heritage vessel fleets in the world.

BUS

508

Derwent Pencil Museum *every 60 mins*

Home to the world's first pencil! Discover their humble beginnings to modern day production.

X4 X5

Center Parcs *14 mins by bus*

There's fun for the whole family with a lively range of indoor and outdoor activities, live entertainment and a subtropical waterpark!

104

See website for details

The Puzzling Place *every 60 mins*

This fascinating, fun and social excursion into the wonderful world of optical illusion, will leave you quite literally, not believing your eyes!

X4 X5

Get more ideas at stagecoachbus.com/thelakes

Explore beyond Cockermouth



Get your tickets:



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COCKERMOUTH TO...

BUS

Bassenthwaite 24 mins by bus

Keep an eye out for nesting Ospreys on your walk round the lake, followed by lunch in the tearoom.

X4

Keswick 33 mins by bus

For panoramic views, catch the launch on Derwentwater before exploring the various unique shops and galleries the town has to offer.

X4 X5

Workington 23 mins by bus

Head to the Western Lakes for a fascinating day of industrial history and retail therapy.

X4 X5

Braithwaite 26 mins by bus

Nestled in truly outstanding scenery, enjoy a walk on the nearby fells before satisfying your hunger at one of the many great places to eat.

X5

Carlisle 66 mins by bus

Carlisle offers a wealth of attractions to discover. With the Castle, Cathedral and ample shops, bars and restaurants - you'll be spoilt for choice.

600

See website for details



Carlisle Cathedral

The Lakes Distillery

NEARBY ATTRACTIONS

BUS

The Lakes Distillery 15 mins by bus

Line your stomach at the Bistro before experiencing a hosted tasting tour, personalised to you and your group (over 18s only).

X4

Lake District Wildlife Park

Take a walk on the wild side! From alpaca walks to the on-site cafe and playroom, it's a fun day out for everyone.

X4

Track your bus, **download the Stagecoach App**

One day adventures on the 555



Take a journey through the heart of the Lake District on our new & improved fleet of buses.

This spring, we are welcoming 9 new buses to our 555 service, travelling from Keswick to Lancaster*.

Our new fleet will have a modern touch, with key features including;

- ⚡ Wireless Charging
- 🎧 Next stop audio announcements
- 🚏 Table seating on the upper deck
- ☁ Cleaner engines!

Your 555 adventure could start as early as 07:10am from Keswick, or 07:15am from Lancaster, with frequent services operating throughout the day, 7 days a week.

Keswick is the ideal location to start, with a wide variety of cafés and restaurants, you'll be spoiled for choice! If you visit on a Thursday or Saturday, you'll catch the market in the town centre, offering award-winning food and handcrafted gifts.

Get your cameras at the ready as you head towards the wooded slopes of **Thirlmere** over Dunmail Raise, make sure to capture those stunning views.

As you continue along the winding lake roads, hop off at **Grasmere** and treat yourself to a delicious piece of Grasmere Gingerbread, or discover the history of Wordsworth at Dove Cottage.

At **Rydal** you can visit the famous Rydal Caves, just a short walk from the bus stop along Rydal Water.

Onto **Ambleside** next, where passengers are greeted with bus stop views of the Langdale valley. Ambleside is a great base for exploring the Lakes, wander down to Stock Beck and discover Bridge House, one of the most iconic buildings in the Lake District. The pier at Ambleside connects visitors to the Windermere Lake Cruises - all aboard for a boat ride before picking back up the 555 and heading further afield.

From **Windermere**, rolling hill views take you to **Kendal** where you can wander up to the medieval hilltop ruins of Kendal Castle. The 555 continues through the South Lakes where we eventually arrive at our last stop, **Lancaster**. This vibrant city has plenty to offer to keep you entertained all day. Head to the Visitor Information Centre to find out what's going on!

*The new fleet will not serve journeys operated via the M6.

555
TIMETABLE
PAGES
41-52



SCAN HERE
to unlock your adventures in
Cumbria and the Lake District
bit.ly/aha-cumbria

Please check individual attraction websites for opening times



Hop on & hop off

Whether you're exploring for the day, staying for the weekend or visiting the Lakes for longer, we have a wide range of one day, three day and weekly tickets to suit your needs.

Our tickets allow you to hop on and hop off at various stops throughout your journey, giving you the freedom to explore more!

With Adult, Child, Concession and Group* tickets available, there are plenty of options to ensure that you get the best value on your trip. Plus, English National Concessionary pass holders can travel for FREE!**

Our services operate in:

Central Lakes Zone

West Cumbria Zone

Keswick & Honister Zone

Penrith & Ullswater Zone

North West Explorer Zone

- covers all areas listed above and extends to Newcastle Upon Tyne, Dumfries & Chester

also see the [back cover map](#).

Scan me
for ticket prices



Park & explore

Up to 5 people can have unlimited travel within the **Central Lakes** zone when you use the **Park & Explore** all-day parking at selected car parks.

See stagecoachbus.com/thelakes for more details.

**Group ticket: Up to any 5 people travelling together.*

Child: Age 5 - 15 years

***Concession: If you have an English National Concessionary pass you can travel for free between 9:30am and 11pm Monday to Friday, and travel for free all day Saturday and Sunday including public holidays. Anyone else over 65 can travel at a concessionary rate. These prices can be found by scanning the QR code above.*

Explore by Bus & Boat



The region boasts the finest mountain views from the deck of a boat. For a perfectly relaxing journey, you can board one of the many steamers or launches on four of the area's most outstanding Lakes.

Stagecoach has combined bus & boat tickets which are available for **Coniston**, **Derwentwater**, **Ullswater** and **Windermere**. Tickets are great value with a day's unlimited bus travel plus a boat ride.

Get your
tickets:



on the
bus



contactless
payment

Mondays to Saturdays excluding public holidays

route number	X6	X6	X6	6C	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6
● Barrow Town Hall stop A	0520	0620	0715	0733	0810	0910	1010	1110	1210	1310	1410	1510	1610	1710	1840	2140
○ Ramsden Square stop K	0522	0622	0717	0735	0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1842	2142
○ Strawberry Hotel	0529	0629	0724	0742	0819	0919	1019	1119	1219	1319	1419	1519	1619	1719	1848	2148
○ Furness General Hospital	0534	0634	↓	↓	0824	0924	1024	1124	1224	1324	1424	1524	✓	1724	1852	2152
○ Greystone Estate Newton Inn	0539	0639	↓	↓	0829	0929	1029	1129	1229	1329	1429	1529	1627	1729	1857	2157
○ Dalton Tudor Square	0546	0646	0730	0748	0836	0936	1036	1136	1236	1336	1436	1536	1634	1736	1903	2203
○ Lindal-in-Furness	0549	0649	0733	0751	0839	0939	1039	1139	1239	1339	1439	1539	1637	1739	1906	2206
○ Swarthmoor Miners Arms	0552	0652	0736	0754	0842	0942	1042	1142	1242	1342	1442	1542	1640	1742	1909	2209
● Ulverston Victoria Road arrive	0557	0657	0741	0759	0847	0947	1047	1147	1247	1347	1447	1547	1645	1747	1914	2214
Same bus - no need to change	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚	⌚
● Ulverston Victoria Road depart	0558	0658	0742	0801	0852	0952	1052	1152	1252	1352	1452	1552	1652	1752	1915	2215
🚂 Haverthwaite Rail Station	0610	0710	0754	0813	0904	1004	1104	1204	1304	1404	1504	1604	1704	1804	1925	2225
○ Backbarrow A590	0611	0711	0755	0814	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805	1926	2226
○ Newby Bridge	0613	0713	0757	0816	0907	1007	1107	1207	1307	1407	1507	1607	1707	1807	1928	2228
○ High Newton	0618	0718	0802	✓	0912	1012	1112	1212	1312	1412	1512	1612	1712	1812	1932	2232
○ Lindale Lyngarth	0623	0723	0807	↓	0917	1017	1117	1217	1317	1417	1517	1617	1717	1817	1936	2236
● Grange Rail Station	0629	0729	0813	↓	0923	1023	1123	1223	1323	1423	1523	1623	1723	1823	1942	2242
○ Lindale bus shelter	0633	0733	0817	↓	0927	1027	1127	1227	1327	1427	1527	1627	1727	1827	1946	2246
○ Witherslack road end	0637	0737	0821	0825	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831	1950	2250
○ Levens Heaves Hotel A590	0643	0743	0827	0831	0937	1037	1137	1237	1337	1437	1537	1637	1737	1837	1954	2254
○ Helsington Lumley Road	0649	0749	0833	0837	0943	1043	1143	1243	1343	1443	1543	1643	1743	1843	2000	2300
○ Kendal College Milnthorpe Road	0652	0752	0836	0840	0946	1046	1146	1246	1346	1446	1546	1646	1746	1846	2002	2302
● Kendal Bus Station	0658	0758	0842	0846	0952	1052	1152	1252	1352	1452	1552	1652	1752	1852	2006	2306

Key

- 🚂 Rail station
- 🚂 Steam train
- Kendal College days only

⌚ To comply with driver's hours regulations, these buses connect at Ulverston.

The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

Need some inspiration?
Find out where to explore from...

- Windermere & Bowness - Page 3
- Ambleside - Page 5
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- Cockermouth - Page 13

Mondays to Saturdays excluding public holidays

route number	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6	X6
 Kendal Bus Station stand C	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1645	1715	1800	1900	2140	2310
 Helsington Lumley Road	0708	0808	0908	1008	1108	1208	1308	1408	1508	1608	1700	1730	1808	1908	2145	2315
 Levens Heaves Hotel A590	0714	0814	0914	1014	1114	1214	1314	1414	1514	1614	1706	1736	1814	1914	2151	2321
 Witherslack Road end	0720	0820	0920	1020	1120	1220	1320	1420	1520	1620	1712	1742	1820	1920	2155	2325
 Lindale Village	0724	0824	0924	1024	1124	1224	1324	1424	1524	1624	1716	1746	1824	1924	2159	2329
 Grange Rail Station	0730	0830	0930	1030	1130	1230	1330	1430	1530	1630	1722	1752	1830	1930	2205	2335
 Lindale Lyngarth	0734	0834	0934	1034	1134	1234	1334	1434	1534	1634	1726	1756	1834	1934	2209	2339
 High Newton	0739	0839	0939	1039	1139	1239	1339	1439	1539	1639	1731	1801	1839	1939	2213	2343
 Newby Bridge	0744	0844	0944	1044	1144	1244	1344	1444	1544	1644	1736	1806	1844	1944	2217	2347
 Backbarrow A590	0746	0846	0946	1046	1146	1246	1346	1446	1546	1646	1738	1808	1846	1946	2219	2349
 Haverthwaite Rail Station	0747	0847	0947	1047	1147	1247	1347	1447	1547	1647	1739	1809	1847	1947	2220	2350
 Ulverston Victoria Road arrive	0759	0859	0959	1059	1159	1259	1359	1459	1559	1659	1751	1821	1859	1959	2230	0000
Same bus - no need to change																
 Ulverston Victoria Road depart	0806	0906	1006	1106	1206	1306	1406	1506	1606	1706	1757	1827	1902	2002	2232	0001
 Swarthmoor Miners Arms	0809	0909	1009	1109	1209	1309	1409	1509	1609	1709	1800	1830	1905	2005	2235	0004
 Lindal-in-Furness	0812	0912	1012	1112	1212	1312	1412	1512	1612	1712	1803	1833	1908	2008	2238	0007
 Dalton Tudor Square	0816	0916	1016	1116	1216	1316	1416	1516	1616	1716	1807	1837	1912	2012	2242	0011
 Greystone Estate Newton Inn	0822	0922	1022	1122	1222	1322	1422	1522	1622	1722		1843			2247	0016
 Furness General Hospital		0927	1027	1127	1227	1327	1427	1527	1627	1727		1848			2252	0021
 Strawberry Hotel	0830	0932	1032	1132	1232	1332	1432	1532	1632	1732	1813	1853	1918	2018	2256	0025
 Barrow Town Hall	0841	0943	1043	1143	1243	1343	1443	1543	1643	1743	1824	1904	1928	2028	2306	0035

Key

-  Rail station
-  Steam train
-  Kendal College days only

 To comply with driver's hours regulations, these buses connect at Ulverston.

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Sundays including public holidays

●	Barrow Town Hall stop A	0930	1130	1330	1530
○	Ramsden Square stop K	0931	1131	1331	1531
○	Strawberry Hotel	0937	1137	1337	1537
○	Furness General Hospital	0941	1141	1341	1541
○	Greystone Estate Newton Inn	0946	1146	1346	1546
○	Dalton Tudor Square	0952	1152	1352	1552
○	Lindal-in-Furness	0955	1155	1355	1555
○	Swarthmoor Miners Arms	0958	1158	1358	1558
○	Ulverston Victoria Road	1005	1205	1405	1605
○	Croftlands Estate Lancastrian	1013	1213	1413	1613
●	Ulverston Victoria Road arrive	1021	1221	1421	1621
	Same bus - no need to change	8	8	8	8
●	Ulverston Victoria Road depart	1022	1222	1422	1622
🚂	Haverthwaite Rail Station	1033	1233	1433	1633
○	Backbarrow A590	1034	1234	1434	1634
○	Newby Bridge	1036	1236	1436	1636
○	High Newton	1041	1241	1441	1641
○	Lindale Lyngarth	1046	1246	1446	1646
🚂	Grange Rail Station	1052	1252	1452	1652
○	Lindale Village	1056	1256	1456	1656
○	Witherslack Road end	1100	1300	1500	1700
○	Levens Heaves Hotel A590	1106	1306	1506	1706
○	Helsington Lumley Road	1112	1312	1512	1712
○	Kendal College Milnthorpe Road	1114	1314	1514	1714
●	Kendal Bus Station	1118	1318	1518	1718

Sundays including public holidays

●	Kendal Bus Station stand C	1130	1330	1530	1730
○	Helsington Lumley Road	1135	1335	1535	1735
○	Levens Heaves Hotel A590	1141	1341	1541	1741
○	Witherslack Road end	1147	1347	1547	1747
○	Lindale Village	1151	1351	1551	1751
🚂	Grange Rail Station	1157	1357	1557	1757
○	Lindale Lyngarth	1201	1401	1601	1801
○	High Newton	1206	1406	1606	1806
○	Newby Bridge	1211	1411	1611	1811
○	Backbarrow A590	1213	1413	1613	1813
🚂	Haverthwaite Rail Station	1214	1414	1614	1814
●	Ulverston Victoria Road arrive	1225	1425	1625	1825
	Same bus - no need to change	8	8	8	8
●	Ulverston Victoria Road depart	1226	1426	1626	1826
○	Croftlands Estate Lancastrian	1232	1432	1632	1832
○	Ulverston Victoria Road	1240	1440	1640	1840
○	Swarthmoor Miners Arms	1243	1443	1643	1843
○	Lindal-in-Furness	1246	1446	1646	1846
○	Dalton Tudor Square	1251	1451	1651	1851
○	Greystone Estate Newton Inn	1256	1456	1656	1856
○	Furness General Hospital	1301	1501	1701	1901
○	Strawberry Hotel	1305	1505	1705	1905
●	Barrow Town Hall	1313	1513	1713	1913

Key

- 🚂 Rail station
- 🚂 Steam train

🚂 To comply with driver's hours regulations, these buses connect at Ulverston.

The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

Need some inspiration?
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Mondays to Saturdays excluding public holidays

route number	6	X6	6	6	6	6
Barrow Town Hall stop A	0545	0715		0950	1225	1625
Ramsden Square stop K	0547	0717		0952	1227	1627
Dalton Tudor Square	0600	0730		1005	1240	1640
Lindal-in-Furness	0603	0733		1008	1243	1643
Ulverston Victoria Road	0612	0742		1017	1252	1652
Haverthwaite rail station	0624	0754		1029	1304	1704
Backbarrow A590	0625	0755		1030	1305	1705
Newby Bridge	0627	0757	0758	1032	1307	1707
Fell Foot Country Park	0630		0801	1035	1310	1710
Storrs Hall Hotel	0641		0812	1046	1321	1721
Bowness Pier	0645		0816	1050	1325	1725
Windermere rail station	0655		0826	1100	1335	1735

Key

Operates Saturdays only - the 0715 X6 connects with the 0758 6 at Newby Bridge - change buses for connections to Windermere

Rail station

Steam train

Sundays including Public Holidays

route number	6	6	6
Barrow Town Hall stop A	1030	1230	1430
Ramsden Square stop K	1031	1231	1431
Furness General Hospital	1041	1241	1441
Dalton Tudor Square	1052	1252	1452
Lindal-in-Furness	1055	1255	1455
Ulverston Victoria Road	1105	1305	1505
Croftlands Estate Lancastrian	1113	1313	1513
Ulverston Victoria Road	1122	1322	1522
Haverthwaite rail station	1133	1333	1533
Backbarrow A590	1134	1334	1534
Newby Bridge	1136	1336	1536
Fell Foot Country Park	1139	1339	1539
Storrs Hall Hotel	1150	1350	1550
Bowness Pier	1154	1354	1554
Windermere rail station	1204	1404	1604

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Mondays to Saturdays excluding public holidays

route number	6	6	X6	6	6	6
 Windermere rail station	0655	0715		1105	1340	1750
Opp Bowness Pier	0705	0725		1115	1350	1800
Storrs Hall Hotel	0709	0729		1119	1354	1804
Fell Foot Country Park	0720	0740		1130	1405	1815
Newby Bridge	0723	0743	0744	1133	1408	1818
Backbarrow A590	0725		0746	1135	1410	1820
 Haverthwaite rail station	0726		0747	1136	1411	1821
Ulverston Victoria Road	0741		0806	1151	1426	1836
Swarthmoor Miners Arms	0744		0809	1154	1429	1839
Lindal-in-Furness	0747		0812	1157	1432	1842
Dalton Tudor Square	0751		0816	1201	1436	1846
Strawberry Hotel	0757		0830	1207	1442	1852
 Barrow Town Hall	0808		0841	1218	1453	1903

Key

 Operates Saturdays only - the 0715 6 connects with the 0744 X6 at Newby Bridge - change buses for connections to Barrow

 Rail station

 Steam train

Sundays including Public Holidays

route number	6	6	6
 Windermere rail station	1241	1441	1641
Opp Bowness Pier	1251	1451	1651
Storrs Hall Hotel	1255	1455	1655
Fell Foot Country Park	1306	1506	1706
Newby Bridge	1309	1509	1709
Backbarrow A590	1311	1511	1711
 Haverthwaite rail station	1312	1512	1712
Ulverston Victoria Road	1325	1525	1725
Croftlands Estate Lancastrian	1331	1531	1731
Ulverston Victoria Road	1340	1540	1740
Lindal-in-Furness	1346	1546	1746
Dalton Tudor Square	1351	1551	1751
Furness General Hospital	1401	1601	1801
 Barrow Town Hall	1413	1613	1813

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Saturdays only

● Carlisle Bus Station stand 6	0745	
○ Carlisle English Street stand E	0748	
○ Carlisle Dixons Chimney	0751	
○ Dalston Blue Bell	0801	
○ Welton	0808	
● Heskett Newmarket Old Crown Pub arrive	0823	
Same bus - no need to change	8	
● Heskett Newmarket Old Crown Pub depart	0826	1245
○ Caldbeck village shop	0833	1252
○ Ireby	0847	1306
○ Uldale	0852	1311
○ Castle Inn junction to Uldale	0901	1320
○ Mirehouse	0907	1326
● Keswick Bus Station arrive	0919	1338
Same bus - no need to change	8	
● Keswick Bus Station depart	0930	1430
○ Troutbeck Road End	0945	1445
○ Park Brow Aira Force	0957	1457
○ Glenridding Greenside Road	1005	1505
● Patterdale Hotel	1010	1510

Saturdays only

● Patterdale Hotel	1025	1525
○ Glenridding Greenside Road	1030	1530
○ Park Brow Aira Force	1038	1538
○ Troutbeck Road End	1050	1550
● Keswick Bus Station arrive	1105	1605
Same bus - no need to change	8	
● Keswick Bus Station depart	1140	1610
○ Mirehouse	1150	1620
○ Castle Inn junction to Uldale	1158	1628
○ Uldale Hall	1207	1633
○ Ireby Crossroads	1212	1642
○ Caldbeck Village shop	✓	1656
○ Caldbeck The Old Smithy Tea Rooms	1226	✓
○ Heskett Newmarket Market Cross arrive	✓	1702
● Heskett Newmarket Old Crown Pub	1241	✓
Same bus - no need to change	8	
○ Heskett Newmarket Market Cross depart		1704
○ Welton		1719
○ Dalston Blue Bell		1726
○ Carlisle Junction Street Sorting Office		1735
● Carlisle Bus Station		1741

Key

8 To comply with driver's hours regulations, these buses connect at Heskett Newmarket and Keswick.

The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

Daily

route number	77	77	77	77	77
Keswick Bus Station	1030	1230	1430	1630	1920
Braithwaite	1037	1237	1437	1637	1927
Whinlatter	1045	1245	1445	1645	
Low Lorton Wheatsheaf Inn	1055	1255	1455	1655	
Lanthwaite Green Farm	1103	1303	1503	1703	
Buttermere Court Hotel	1118	1318	1518	1718	
Honister Slate Mine	1131	1331	1531	1731	
Seatoller	1139	1339	1539	1739	
Rosthwaite General Store	1144	1344	1544	1744	
Grange Bridge	1149	1349	1549	1749	
Catbells	1156	1356	1556	1756	
Portinscale	1201	1401	1601	1801	
Keswick Bus Station	1216	1416	1616	1816	

Daily

route number	77A	77A	77A	77A	77A	77A	77A
Keswick Bus Station	0830	0930	1030	1130	1330	1530	1730
Portinscale	0836	0936	1036	1136	1336	1536	1736
Catbells	0843	0943	1043	1143	1343	1543	1743
Grange Bridge	0850	0950	1050	1150	1350	1550	1750
Rosthwaite General Store	0855	0955	1055	1155	1355	1555	1755
Seatoller	0900	1000	1100	1200	1400	1600	1800
Honister Slate Mine	0909	1009	1109	1209	1409	1609	1809
Buttermere Court Hotel	0924	1024	1124	1224	1424	1624	1824
Lanthwaite Green Farm	0934	1034	1134	1234	1434	1634	1834
Low Lorton Wheatsheaf Inn	0944	1044	1144	1244	1444	1644	1844
Whinlatter	0954	1054	1154	1254	1454	1654	1854
Braithwaite	1002	1102	1202	1302	1502	1702	1902
Keswick Bus Station	1017	1117	1217	1317	1517	1717	1917

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Keswick · Borrowdale · Seatoller
The Borrowdale Bus

Seatoller · Borrowdale · Keswick
The Borrowdale Bus



Open top buses

78

Daily

Keswick Bus Station	0850	0920		50	20		1750	1820
Borrowdale Hotel	0905	0935	then every 30 mins at	05	35		1805	1835
Grange Bridge	0907	0937		07	37	until	1807	1837
Rosthwaite General Store	0913	0943		13	43		1813	1843
Seatoller	0918	0948		18	48		1818	1848

Daily

Seatoller	0920	0950		20	50		1820	1850
Rosthwaite General Store	0925	0955	then every 30 mins at	25	55		1825	1855
Grange Bridge	0931	1001		31	01	until	1831	1901
Borrowdale Hotel	0933	1003		33	03		1833	1903
Keswick Bus Station	0948	1018		48	18		1848	1918

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Daily

●	Kendal Bus Station stand C		0915	1015															
○	Ings		0927	1027															
⚡	Windermere Rail Station arrive		0932	1032															
⚡	Windermere Rail Station depart		0935	1035	1135					1535	1635		1850						
○	Brockhole Visitor Centre		0941	1041	1141					1541	1641		1856						
Ⓟ	Ambleside Waterhead Hotel		0945	1045	1145					1545	1645		1900						
○	Ambleside Kelsick Road arrive		0950	1050	1150					1550	1650		1904						
○	Ambleside Kelsick Road depart	0815	0855	0955	1055	1155	1255	1355	1455	1555	1655	1755	1905						
○	Skelwith Fold	0822	0902	1002	1102	1202	1302	1402	1502	1602	1702	1802	1912						
Ⓟ	Hawkshead village	0835	0915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1925						
○	Monk Coniston	0847	0928	1028	1128	1228	1328	1428	1528	1628	1728	1828	1938						
●	Coniston The Crown Inn	0851	0933	1033	1133	1233	1333	1433	1533	1633	1733	1833	1943						

Key

-  Rail station
-  Park & Explore location
-  Journey runs on John Ruskin school days only
-  Journey runs Saturdays and Monday to Friday during John Ruskin School holidays only, excluding public holidays.
-  Journey runs Monday to Saturday, excluding public holidays.

Daily

●	Coniston The Crown Inn	0935	1045	1145	1245	1345	1445	1545	1645	1745	1845	1945							
○	Monk Coniston	0941	1051	1151	1251	1351	1451	1551	1651	1751	1851	1951							
Ⓟ	Hawkshead village	0955	1105	1205	1305	1405	1505	1605	1705	1805	1905	2005							
○	Skelwith Fold	1008	1118	1218	1318	1418	1518	1618	1718	1818	1918	2018							
○	Ambleside Kelsick Road arrive	1015	1125	1225	1325	1425	1525	1625	1725	1825	1925	2025							
○	Ambleside Kelsick Road depart	1017	1127			1427	1527			1827	1927	2027							
○	Ambleside Waterhead Hotel	1020	1130			1430	1530			1830	1930	2030							
Ⓟ	Brockhole Visitor Centre	1024	1134			1434	1534			1834	1934	2034							
⚡	Windermere Rail Station arrive	1032	1142			1442	1542			1842	1942	2042							
⚡	Windermere Rail Station depart	1035								1945	2045								
○	Ings	1040								1950	2050								
●	Kendal Blackhall Road Stand E	1052								2002	2102								

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Daily

	Penrith Rail Station	0645	0920	1020	1120	1220	1320	1420	1520	1620	1730	1920
	Penrith Bus Station	0651	0932	1032	1132	1232	1332	1432	1532	1632	1742	1932
	Eamont Bridge	0659	0940	1040	1140	1240	1340	1440	1540	1640	1750	1940
	Yanwath Cottages	0701	0942	1042	1142	1242	1342	1442	1542	1642	1752	1942
	Tirril	0703	0944	1044	1144	1244	1344	1444	1544	1644	1754	1944
	Pooley Bridge Crown Hotel	0709	0950	1050	1150	1250	1350	1450	1550	1650	1800	1950
	Gowbarrow Cottages	0716	0957	1057	1157	1257	1357	1457	1557	1657	1807	1957
	Park Brow (Aira Force)	0723	1004	1104	1204	1304	1404	1504	1604	1704	1814	2004
	Glenridding Greenside Road	0730	1011	1111	1211	1311	1411	1511	1611	1711	1821	2011
	Patterdale Hotel	0735	1016	1116	1216	1316	1416	1516	1616	1716	1826	2016
	Brotherswater		1023		1223		1423		1623		1833	2023
	Kirkstone Pass Inn		1036		1236		1436		1636		1846	2036
	Troutbeck		1045		1245		1445		1645		1855	2045
	Bowness Pier		1059		1259		1459		1659		1909	2059
	Windermere Rail Station		1109		1309		1509		1709		1919	2110
	Kendal Sandes Avenue											2127

Key

-  Rail Station
-  Journeys are normally operated by open top buses
-  Journey runs Monday to Friday only, excluding public holidays
-  Journeys run all Saturdays, Sundays and public holidays, plus Monday-Friday between the following dates:
 - 3rd – 14th April
 - 30th May – 2nd June
 - 20th July – 5th Sept
 - 23rd Oct – 27th Oct
-  This route may be affected by road works over Kirkstone pass – check online at stagecoachbus.com for details.

Windermere · Bowness · Ullswater · Penrith

Daily

	Kendal Bus Station	0905										
	Windermere Rail Station	0925		1125		1325		1525		1725		1925
	Bowness Pier	0935		1135		1335		1535		1735		1935
	Troutbeck	0950		1150		1350		1550		1750		1950
	Kirkstone Pass Inn	1003		1203		1403		1603		1803		2003
	Brotherswater	1012		1212		1412		1612		1812		2012
	Patterdale Hotel	0735	1020	1120	1220	1320	1420	1520	1620	1720	1820	2020
	Glenridding Greenside Road	0740	1025	1125	1225	1325	1425	1525	1625	1725	1825	2025
	Park Brow (Aira Force)	0747	1032	1132	1232	1332	1432	1532	1632	1732	1832	2032
	Gowbarrow Cottages	0754	1039	1139	1239	1339	1439	1539	1639	1739	1839	2039
	Pooley Bridge Ullswater Guest House	0801	1046	1146	1246	1346	1446	1546	1646	1746	1846	2046
	Tirril	0807	1052	1152	1252	1352	1452	1552	1652	1752	1852	2052
	Yanwath Cottages	0809	1054	1154	1254	1354	1454	1554	1654	1754	1854	2054
	Eamont Bridge	0812	1057	1157	1257	1357	1457	1557	1657	1757	1857	2057
	Penrith Bus Station	0819	1104	1204	1304	1404	1504	1604	1704	1804	1904	2104
	Penrith Rail Station	0824	1109	1209	1309	1409	1509	1609	1709	1809	1909	2109

Key

-  Rail Station
-  Journeys are normally operated by open top buses
-  Journey runs Monday to Friday only, excluding public holidays
-  Journeys run all Saturdays, Sundays and public holidays, plus Monday-Friday between the following dates:
 - 3rd – 14th April
 - 30th May – 2nd June
 - 20th July – 5th Sept
 - 23rd Oct – 27th Oct
-  This route may be affected by road works over Kirkstone pass – check online at stagecoachbus.com for details.

Daily

●	Kendal Bus Station stand C			1150	1350				
○	Ings			1202	1402				
⚡	Windermere Rail Station arrive			1207	1407				
⚡	Windermere Rail Station depart			1212	1412				
Ⓟ	Brockhole Visitor Centre			1218	1418				
○	Ambleside Waterhead Hotel			1222	1422				
○	Ambleside Kelsick Road arrive			1226	1426				
○	Ambleside Kelsick Road depart	0925	1030	1230	1430	1630	1830		
○	Skelwith Bridge	0935	1040	1240	1440	1640	1840		
○	Elterwater The Britannia Inn	0942	1047	1247	1447	1647	1847		
●	Dungeon Ghyll	0956	1101	1301	1501	1701	1901		

Key

-  Rail station
-  Park & explore location
-  Journey runs Monday to Friday only, excluding public holidays

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Daily

●	Dungeon Ghyll	0957	1110	1310	1510	1710	1910		
○	Elterwater The Britannia Inn	1011	1124	1324	1524	1724	1924		
○	Skelwith Bridge	1018	1131	1331	1531	1731	1931		
○	Ambleside Kelsick Road arrive	1028	1141	1341	1541	1741	1941		
○	Ambleside Kelsick Road depart		1146		1546				
Ⓟ	Ambleside Waterhead Hotel		1149		1549				
○	Brockhole Visitor Centre		1153		1553				
⚡	Windermere Rail Station arrive		1201		1601				
⚡	Windermere Rail Station arrive		1205		1605				
○	Ings		1210		1610				
●	Kendal Blackhall Road Stand E		1222		1622				

Key

-  Rail station
-  Park & explore location
-  Journey runs Monday to Friday only, excluding public holidays

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Monday to Saturday excluding public holidays

● Carlisle bus station	0900	1100	1200	1600
○ Carlisle West Tower Street	0903	1103	1203	1604
○ Westrigg Road end	0910	1110	1210	1613
○ Thursby The Green	0918	1118	1218	1622
● Wigton King Street arrive	0928	1128	1228	1632
Same bus - no need to change				
● Wigton King Street depart	0930	1130	1230	1635
○ Brindlefield	0933	1133	1233	1638
○ Syke Road Highmoor Avenue	0935	1135	1235	1640
○ Bolton Low Houses	0942	1142	1242	1647
○ Mealsgate	0946	1146	1246	1651
○ Bothel Main road A595	0950	1150	1250	1655
○ Castle Inn Hotel	0957	1157	1257	1702
○ Mirehouse	1003	1203	1303	1708
● Keswick bus station	1015	1215	1315	1720

Sundays including public holidays

● Carlisle bus station	0800	1200	1600
○ Carlisle West Tower Street	0803	1203	1604
○ Westrigg Road end	0810	1210	1613
○ Thursby The Green	0818	1218	1622
● Wigton King Street arrive	0828	1228	1632
Same bus - no need to change			
● Wigton King Street depart	0830	1230	1635
○ Brindlefield	0833	1233	1638
○ Syke Road Highmoor Avenue	0835	1235	1640
○ Bolton Low Houses	0842	1242	1647
○ Mealsgate	0846	1246	1651
○ Bothel Main road A595	0850	1250	1655
○ Castle Inn Hotel	0857	1257	1702
○ Mirehouse	0903	1303	1708
● Keswick bus station	0915	1315	1720

Key

 To comply with driver's hours regulations, these buses connect at Wigton. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

Keswick · Wigton · Carlisle

Monday to Saturday excluding public holidays

● Keswick bus station	0930	1030	1320	1730
○ Mirehouse	0940	1040	1330	1740
○ Castle Inn Hotel	0948	1048	1338	1748
○ Bothel Main road A595	0955	1055	1345	1755
○ Mealsgate	1000	1100	1350	1800
○ Bolton Low Houses	1004	1104	1354	1804
○ Syke Road Highmoor Avenue	1010	1110	1400	1810
○ Brindlefield	1012	1112	1402	1812
● Wigton King Street arrive	1016	1116	1406	1816
Same bus - no need to change				
● Wigton King Street depart	1018	1118	1408	1817
○ Thursby The Green	1028	1128	1418	1827
○ Westrigg Road end	1035	1135	1425	1834
● Carlisle bus station	1050	1150	1440	1846

Sundays including public holidays

● Keswick bus station	1030	1320	1730
○ Mirehouse	1040	1330	1740
○ Castle Inn Hotel	1048	1338	1748
○ Bothel Main road A595	1055	1345	1755
○ Mealsgate	1100	1350	1800
○ Bolton Low Houses	1104	1354	1804
○ Syke Road Highmoor Avenue	1110	1400	1810
○ Brindlefield	1112	1402	1812
● Wigton King Street arrive	1116	1406	1816
Same bus - no need to change			
● Wigton King Street depart	1118	1408	1817
○ Thursby The Green	1128	1418	1827
○ Westrigg Road end	1135	1425	1834
● Carlisle bus station	1150	1440	1846

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Mondays to Saturdays excluding public holidays

<

Key

🚉 Rail station

🅑🅖 Park & explore location

Journeys run Monday to Friday only, except public holidays

Journeys run Saturday all season and Monday to Friday from 3rd July - 29th September 2023

⌚ To comply with driver's hours regulations, these buses connect at Kendal. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

Mondays to Saturdays excluding public holidays

● Lancaster Bus Station stand 15	1515	1615	1715	1750	1850	1940	2040
○ Lancaster Holiday Inn	✓	✓	✓	✓	✓	✓	✓
○ Beaumont College	1526	1626	1726	1756	1856	1946	2046
○ Bolton le Sands Royal Hotel	1533	1633	1733	1803	1903	1953	2053
○ Carnforth Haws Hill	1542	1642	1742	1812	1912	2002	2102
○ Pine Lake	1548	1648	1748	1818	1918	2008	2108
○ Burton Square	1556	1656	1756	1826	1926	2016	2116
○ Holme Smithy Inn	1603	1703	1803	1833	1933	2023	2123
○ Milnthorpe The Square	1612	1712	1812	1842	1942	2032	2132
○ Levens Hall	1621	1721	1821	1851	1951	2041	2141
○ Helsington Lumley Road	1628	1728	1828	1858	1958	2048	2148
● Kendal Bus Station stand C arrive	1637	1737	1837	1907	2007	2057	2157
Same bus - no need to change							
● Kendal Bus Station stand C depart	1640	1710	1740	1900	2010	2210	
○ Staveley Abbey Square	1652	1722	1752	1912	2020	2220	
≡ Windermere Rail Station arrive	1704	1734	1804	1924	2030	2230	
≡ Windermere Rail Station depart	1709	1739	1809	1926	2031	2231	
○ Bowness Pier	↓	↓	↓	1934	2039	2239	
≡ Windermere Rail Station	↓	↓	↓	✓	✓	2250	
○ Brockhole Visitor Centre	1715	1745	1815	1942	2046	2256	
 Ambleside Waterhead Hotel	1720	1750	1820	1947	2051	2301	
○ Ambleside Kelsick Road arrive	1724	1754	1824	1951	2055	2305	
○ Ambleside Kelsick Road depart	1729	1829	1952	2056	2306		
○ Rydal Church	1734	1834	1957	2101	2311		
 Grasmere Centre	1745	1845	2005	2109	2320		
○ Thirlspot Kings Head	1759	1859					
● Keswick Bus Station	1814	1914					

Key

-  Rail station
-  Park & explore location
-  Journeys run Monday to Friday only, except public holidays
-  To comply with driver's hours regulations, these buses connect at Kendal. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.
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-  on the app
-  on the bus
-  contactless payment

Sundays including public holidays

● Lancaster Bus Station stand 15	0915	1115	1315	1515	1715
○ Beaumont College	0922	1122	1322	1522	1722
○ Bolton le Sands Royal Hotel	0929	1129	1329	1529	1729
○ Carnforth Haws Hill	0939	1139	1339	1539	1739
○ Pine Lake	0945	1145	1345	1545	1745
○ Burton Square	0953	1153	1353	1553	1753
○ Holme Smithy Inn	1000	1200	1400	1600	1800
○ Milnthorpe The Square	1009	1209	1409	1609	1809
○ Levens Hall	1018	1218	1418	1618	1818
○ Helsington Lumley Road	1025	1225	1425	1625	1825
● Kendal Bus Station stand C arrive	1034	1234	1434	1634	1832
Same bus - no need to change					
● Kendal Bus Station stand C depart	0730 0840 0940 1040 1140 1240 1340 1440 1540 1640 1740				
○ Staveley Abbey Square	0742 0852 0952 1052 1152 1252 1352 1452 1552 1652 1752				
 Windermere Rail Station arrive	0754 0904 1004 1104 1204 1304 1404 1504 1604 1704 1804				
 Windermere Rail Station depart	0759 0909 1009 1109 1209 1309 1409 1509 1609 1709 1809				
○ Bowness Pier	0807	▼	▼	▼	▼
○ Brockhole Visitor Centre	0815 0915 1015 1115 1215 1315 1415 1515 1615 1715 1815				
 Ambleside Waterhead Hotel	0820 0920 1020 1120 1220 1320 1420 1520 1620 1720 1820				
○ Ambleside Kelsick Road arrive	0824 0924 1024 1124 1224 1324 1424 1524 1624 1724 1824				
○ Ambleside Kelsick Road depart	0829 0929 1029 1129 1229 1329 1429 1529 1629 1729 1829				
○ Rydal Church	0834 0934 1034 1134 1234 1334 1434 1534 1634 1734 1834				
 Grasmere Centre	0845 0945 1045 1145 1245 1345 1445 1545 1645 1745 1845				
○ Thirlspot Kings Head	0859 0959 1059 1159 1259 1359 1459 1559 1659 1759 1859				
● Keswick Bus Station	0914 1014 1114 1214 1314 1414 1514 1614 1714 1814 1914				

Key

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Mondays to Saturdays excluding public holidays

●	Keswick Bus Station stand 2						0710	0830	0930	1030	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530
	Thirlspot Kings Head	●	0725	0845	0945	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545				
P&E	Grasmere Centre		0632	0739	0900	1000	1100	1130	1200	1230	1300	1330	1400	1430	1500	1530	1600			
	Rydal Church		0640	0747	0908	1008	1108	1138	1208	1238	1308	1338	1408	1438	1508	1538	1608			
	Ambleside Kelsick Road arrive		0647	0754	0915	1015	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545	1615			
	Ambleside Kelsick Road depart		0649	0756	0849	0919	1019	1119	1149	1219	1249	1319	1349	1419	1449	1519	1549	1619		
P&E	Ambleside Waterhead Hotel		0652	0759	0852	0922	1022	1122	1152	1222	1252	1322	1352	1422	1452	1522	1552	1622		
	Brockhole Visitor Centre		0656	0803	0856	0926	1026	1126	1156	1226	1256	1326	1356	1426	1456	1526	1556	1626		
	Bowness Pier		0704	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
🚉	Windermere Rail Station arrive		0714	0810	0903	0933	1033	1133	1203	1233	1303	1333	1403	1433	1503	1533	1603	1633		
🚉	Windermere Rail Station depart		0717	0812	0908	0938	1038	1138	1208	1238	1308	1338	1408	1438	1508	1538	1608	1638		
	Staveley Abbey Square		0726	0821	0917	0947	1047	1147	1217	1247	1317	1347	1417	1447	1517	1547	1617	1647		
●	Kendal opp Bus Station stand F arrive		0738	0836	0930	1002	1102	1202	1232	1302	1332	1402	1432	1502	1532	1602	1632	1702		
	Same bus - no need to change		🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒	🕒
●	Kendal opp Bus Station stand F depart	0545	0620	0645	0745	0845	0935	1015	1115	1215	1245	1315	1345	1415	1445	1515	1545	1615	1645	1715
	Helsington Lumley Road	0552	0627	0652	0752	0852	0942	1022	1122	1222	1252	1322	1352	1422	1452	1522	1552	1622	1652	1722
	Levens Hall	0559	0634	0659	0759	0859	0949	1029	1129	1229		1329		1429		1529		1629		1729
	Milnthorpe The Square	0607	0642	0707	0807	0907	0957	1037	1137	1237	↑	1337	↑	1437	↑	1537	↑	1637	↑	1737
	Holme Smithy Inn	0616	0651	0716	0816	0916	1006	1046	1146	1246		1346		1446		1546		1646		1746
	Burton Square	0623		0723	0823	0923	1013	1053	1153	1253	Fast via M6	1353	Fast via M6	1453	Fast via M6	1553	Fast via M6	1653	Fast via M6	1753
	Pine Lake	0631		0731	0831	0931	1021	1101	1201	1301		1401		1501		1601		1701		1801
	Carnforth New Street	0638		0738	0838	0938	1028	1108	1208	1308		1408		1508		1608		1708		1808
	Bolton le Sands Brookfield View	0646		0746	0846	0946	1036	1116	1216	1316	↓	1416	↓	1516	↓	1616	↓	1716	↓	1816
	Beaumont College	0654		0754	0854	0954	1044	1124	1224	1324		1424		1524		1624		1724		1824
	Lancaster Holiday Inn	✓	✓		✓	✓	✓	✓	✓	✓	1317	✓	1417	✓	1517	✓	1617	✓	1717	✓
●	Lancaster Bus Station stand 15	0709	0809		0909	1009	1059	1139	1239	1339	1327	1439	1427	1539	1527	1639	1627	1739	1727	1839

Key

- 🚉 Rail station
- P&E Park & explore location
- Journeys start at The Swan at 0629
- Journeys run Monday to Friday only, except public holidays
- Journeys run Saturday all season and Mondays to Fridays from 3rd July - 29th September 2023
- On school days these journeys can run up to 10 minutes later from Helsington Lumley Road

🕒 To comply with driver's hours regulations, these buses connect at Kendal. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

Mondays to Saturdays excluding public holidays

●	Keswick Bus Station stand 2	1600	1630	1700	1730	1800	1830	1930		
○	Thirlspot Kings Head	1615	1645	1715	1745	1815	1845	1945	●	●
PaE	Grasmere Centre	1630	1700	1730	1800	1830	1900	2000	2110	2321
○	Rydal Church	1638	1708	1738	1808	1838	1908	2008	2118	2329
○	Ambleside Kelsick Road arrive	1645	1715	1745	1815	1845	1915	2015	2124	2335
○	Ambleside Kelsick Road depart	1649	1719	1749	1819	1849	1919	2019	2125	2336
PaE	Ambleside Waterhead Hotel	1652	1722	1752	1822	1852	1922	2022	2128	2339
○	Brockhole Visitor Centre	1656	1726	1756	1826	1856	1926	2026	2132	2343
○	Bowness Pier	✓	✓	✓	✓	✓	1934	2034	2140	2351
⚡	Windermere Rail Station arrive	1703	1733	1803	1833	1903	1943	2043	2149	0000
⚡	Windermere Rail Station depart	1708	1738	1808	1838	1908	1944	2044	2150	0001
○	Staveley Abbey Square	1717	1747	1817	1847	1917	1953	2053	2158	0009
●	Kendal opp Bus Station Stand F arrive	1732	1802	1832	1900	1930	2003	2103	2208	0019
	Same bus - no need to change	⚡	⚡	⚡	⚡	⚡				
●	Kendal opp Bus Station Stand F depart	1745	1815	1845	1915	1945				
○	Helsington Lumley Road	1752	1822	1852	1922	1952				
○	Levens Hall		1829		1929					
○	Milnthorpe The Square	↑	1837	↑	1937	↑				
○	Holme Smithy Inn		1846		1946					
○	Burton Square	Fast via M6	1853	Fast via M6	1953	Fast via M6				
○	Pine Lake		1901		2001					
○	Carnforth New Street		1908		2008					
○	Bolton le Sands Brookfield View	↓	1916	↓	2016	↓				
○	Beaumont College		1924		2024					
○	Lancaster Holiday Inn	1817	✓	1917	✓	2017				
●	Lancaster Bus Station stand 15	1827	1939	1927	2039	2027				

Key

-  Rail station
-  Park & explore location
- Journeys start at the Swan at 2107 and 2318
- Journeys run Saturday all season and Mondays to Fridays from 3rd July - 29th September 2023
-  To comply with driver's hours regulations, these buses connect at Kendal. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

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Sundays including public holidays

●	Keswick Bus Station stand 2	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830	1930
○	Thirlspot Kings Head	0945	1045	1145	1245	1345	1445	1545	1645	1745	1845	1945
P&E	Grasmere Centre	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000
○	Rydal Church	1008	1108	1208	1308	1408	1508	1608	1708	1808	1908	2008
○	Ambleside Kelsick Road arrive	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	2015
○	Ambleside Kelsick Road depart	0911	1019	1119	1219	1319	1419	1519	1619	1719	1819	1919
P&E	Ambleside Waterhead Hotel	0914	1022	1122	1222	1322	1422	1522	1622	1722	1822	1922
○	Brockhole Visitor Centre	0918	1026	1126	1226	1326	1426	1526	1626	1726	1826	1926
○	Bowness Pier	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	1934 2034
⚡	Windermere Rail Station arrive	0925	1033	1133	1233	1333	1433	1533	1633	1733	1833	1943
⚡	Windermere Rail Station depart	0928	1038	1138	1238	1338	1438	1538	1638	1738	1838	1944
○	Staveley Abbey Square	0937	1047	1147	1247	1347	1447	1547	1647	1747	1847	1953
●	Kendal opp Bus Station stand F arrive	0950	1102	1202	1302	1402	1502	1602	1702	1802	1900	2003
	Same bus - no need to change		⚡	⚡		⚡		⚡				
●	Kendal opp Bus Station stand F depart	0915	1115	1315		1515		1715				
○	Helsington Lumley Road	0922	1122	1322		1522		1722				
○	Levens Hall	0929	1129	1329		1529		1729				
○	Milnthorpe The Square	0937	1137	1337		1537		1737				
○	Holme Smithy Inn	0946	1146	1346		1546		1746				
○	Burton Square	0953	1153	1353		1553		1753				
○	Pine Lake	1001	1201	1401		1601		1801				
○	Carnforth New Street	1008	1208	1408		1608		1808				
○	Bolton le Sands Brookfield View	1016	1216	1416		1616		1816				
○	Beaumont College	1024	1224	1424		1624		1824				
●	Lancaster Bus Station stand 15	1039	1239	1439		1639		1839				

Key

- ⚡ Rail station
- P&E Park & explore location
- ⚡ To comply with driver's hours regulations, these buses connect at Kendal. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

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Daily including public holidays

	Kendal Bus Station stand C	0810	0835	0855	0915	0935	0955												
	Ings	0822	0847	0907	0927	0947	1007												
	Windermere Rail Station	0830	0857	0917	0937	0957	1017												
	Bowness Pier arrive	0838	0905	0925	0945	1005	✓												
	Opp Bowness Pier						1025												
P&E	Braithwaite Fold Car Park	↓	↓	↓	↓	↓	1022	1042	1102	Then every 20 mins at	22	42	02			1642			
	Bowness Pier depart	0842	0908	0928	0948	1008	1028	1048	1108		28	48	08			1648	1712	1752	1900
	Windermere Rail Station arrive	0852	0918	0938	0958	1018	1038	1058	1118		38	58	18	until		1658	1722	1802	1910
	Windermere Rail Station depart	0855	0925	0945	1005	1025	1045	1105	1125		45	05	25			1705	1724	1804	1912
	Brockhole Visitor Centre	0901	0931	0951	1011	1031	1051	1111	1131		51	11	31			1711	1730	1810	1918
P&E	Ambleside Waterhead Pier	0906	0936	0956	1016	1036	1056	1116	1136		56	16	36			1716	1735	1815	1923
	Ambleside Kelsick Road arrive	0910	0940	1000	1020	1040	1100	1120	1140		00	20	40			1720	1739	1819	1927
	Ambleside Kelsick Road depart	0913	0945	1005	1025	1045	1105	1125	1145		05	25	45			1725			
	Rydal Church	0919	0951	1011	1031	1051	1111	1131	1151		11	31	51			1731			
P&E	Grasmere Centre	0928	1000	1020	1040	1100	1120	1140	1200		20	40	00			1740			



bike bus
room for 2 bikes

20p

per journey
per bike

Key



Rail
station



Park &
Explore
location



Daily including public holidays

P&E	Grasmere Centre	0930	1005	1025	1045		05	25	45		1545	1605	1625	1645	1705		1725	1745	
	Rydal Church	0938	1013	1033	1053		13	33	53		1553	1613	1633	1653	1713		1733	1753	
	Ambleside Kelsick Road arrive	0945	1020	1040	1100		20	40	00		1600	1620	1640	1700	1720		1740	1800	
	Ambleside Kelsick Road depart	0948	1023	1043	1103		23	43	03		1603	1623	1643	1703	1723	1740	1743	1803	1830
P&E	Ambleside Waterhead Hotel	0951	1026	1046	1106		26	46	06		1606	1626	1646	1706	1726	1743	1746	1806	1833
	Brockhole Visitor Centre	0955	1030	1050	1110		30	50	10		1610	1630	1650	1710	1730	1747	1750	1810	1837
	Windermere Rail Station arrive	1002	1037	1057	1117	Then every 20 mins at	37	57	17		1617	1637	1657	1717	1737		1757	1817	1844
	Windermere Rail Station depart	1007	1042	1102	1122		42	02	22	until	1622	1642	1702	1722	1740		1759	1819	1848
	Bowness Pier	✓	✓	✓	✓		✓	✓	✓		✓	✓	1710	✓	1748		1809	1829	1856
	Opp Bowness Pier	1015	1050	1110	1130		50	10	30		1630	1650		1730					
P&E	Braithwaite Fold car park	1018	1053	1113	1133		53	13	33		1633	1655		1735					
	Bowness Pier										1658		1738			↓	↓	↓	↓
	Windermere Rail Station										1709		1749		1754	1820	1840		1944
	Ings										1714		1754		1759	1825	1845		1949
	Kendal Sandes Avenue										1725		1805		1810	1836	1856		2000

Daily

● Ocean Edge Holiday Park	0805	0935	1035	1355	1655	1955		● Bowness Pier	1200	1300	1755
○ Heysham Combermere Road	0810	0940	1040	1400	1700	2000	≡	○ Windermere Rail Station	1212	1312	1812
○ Heysham Towers	0813	0943	1043	1403	1703	2003		○ Ings	1217	1317	1817
● Morecambe Battery	0822	0952	1052	1412				○ Kendal Bus Station stand F arrive	1229	1328	1829
≡ Morecambe Bus Station stand I	0830	1000	1100	1420	1615			○ Kendal Bus Station stand F depart	0945	1232	1332
○ Morecambe Euston Road	0833	1003	1103	1423	1618			○ Helsington Lumley Road	0952	1239	1339
○ Happy Mount Park	0840	1010	1110	1625				○ Levens Bridge	0959	1246	1346
○ Hest Bank Station Road	0843	1013	1113	1628				○ Milnthorpe Methodist Church	1004	1251	1351
○ Bolton le Sands St Michaels Lane	0847	1017	1117	1632				○ Pine Lake	1016	1303	1403
● Carnforth Haws Hill arrive	0854	1024	1124	1639				○ Carnforth New Street arrive	1020	1307	1407
○ Same bus - no need to change	8	8	8	8				○ Same bus - no need to change	8	8	8
● Carnforth Haws Hill depart	0855	1026	1126	1640				○ Carnforth New Street depart	1021	1308	1408
○ Pine Lake	0901	1032	1132	1646				○ Bolton le Sands St Michaels Lane	1027	1314	1414
○ Milnthorpe A6 opp Methodist Church	0913	1044	1144	1658				○ Hest Bank Station Road	1030	1317	1417
○ Levens Bridge	0918	1049	1149	1703				○ Happy Mount Park	1033	1320	1420
○ Helsington Lumley Road	0925	1056	1156	1710				○ Morecambe Euston Road	0902	1002	1040
○ Kendal Bus Station stand D arrive	0934	1105	1205	1719			≡	○ Morecambe Bus Station stand 4	0905	1005	1043
									1330	1429	1630
									1930		
○ Kendal Bus Station stand D depart		1108	1208	1722				○ Morecambe Battery	0911	1011	1049
○ Ings		1120	1220	1734				○ Heysham Towers	0917	1017	1342
≡ Windermere Rail Station		1128	1228	1741				○ Heysham Combermere Road	0920	1020	1345
● Bowness Pier		1138	1238	1751				○ Ocean Edge Holiday Park	0925	1025	1350
									1650	1950	

Key

- ≡ Rail station
- Journeys run in school holidays, at weekends and on bank holidays only.
- geo To comply with driver's hours regulations, these buses connect at Carnforth. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through.

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Mondays to Saturdays excluding public holidays

route number	X5	X5	X5	X4	X5	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5	X4	X5	X5	X5
● Workington Bus Station stand A	0510	0610	0710	0740	0805	0905	0915	0945	1015	1045	1115	1145	1215	1245	1315	1345	1415	1445	1515	1545
○ Clifton Hotel	0517	0617	0717	0747	0812	0912	0922	0952	1022	1052	1122	1152	1222	1252	1322	1352	1422	1452	1522	1552
○ Bridgefoot	0520	0620	0720	↓	0815	0915	↓	0955	↓	1055	↓	1155	↓	1255	↓	1355	↓	1455	↓	1555
○ Brigham Low Road	0524	0624	0724	↓	0819	0919	↓	0959	↓	1059	↓	1159	↓	1259	↓	1359	↓	1459	↓	1559
○ Cockermouth Low Road	✓	✓	✓	↓	0823	0923	↓	1003	↓	1103	↓	1203	↓	1303	↓	1403	↓	1503	↓	1603
○ Cockermouth Oakhurst	0529	0629	0729	0754	✓	✓	0929	✓	1029	✓	1129	✓	1229	✓	1329	✓	1429	✓	1529	✓
○ Cockermouth Main Street	0536	0636	0736	0804	0829	0925	0939	1009	1039	1109	1139	1209	1239	1309	1339	1409	1439	1509	1539	1609
○ Brathay Hill	0545	0645	0745	0814	0838		0948	1018	1048	1118	1148	1218	1248	1318	1348	1418	1448	1518	1548	1618
○ Lakes Distillery	↓	↓	↓	0816	↓		↓	↓	1050	↓	↓	↓	↓	1250	↓	↓	↓	1450	↓	↓
○ Castle Inn				0819	↓				1053					1253				1453	↓	↓
○ Bassenthwaite village A591	↓	↓	↓	0822	↓		↓	↓	1056	↓	↓	↓	↓	1256	↓	↓	↓	1456	↓	↓
○ Thornthwaite Swan Hotel	0552	0652	0752	↓	0845		0955	1025	↓	1125	1155	1225	↓	1325	1355	1425	↓	1525	1555	1625
○ Braithwaite Police Station	0556	0656	0756	↓	0849		0959	1029	↓	1129	1159	1229	↓	1329	1359	1429	↓	1529	1559	1629
● Keswick Bus Station stand 1 arrive	0604	0704	0804	0837	0857		1007	1037	1107	1137	1207	1237	1307	1337	1407	1437	1507	1537	1607	1637
Same bus - no need to change	🕒	🕒	🕒	🕒			🕒		🕒		🕒		🕒		🕒		🕒		🕒	
● Keswick Bus Station stand 1 depart	0610	0710	0810	0855			1020		1120		1220		1320		1420		1520		1620	
○ Threlkeld Horse and Farrier	0621	0721	0821	0906			1031		1131		1231		1331		1431		1531		1631	
○ Troutbeck A66	0628	0728	0828	0913			1038		1138		1238		1338		1438		1538		1638	
○ Penruddock Herdwick Inn	✓	✓	0833	0918			1043		1143		1243		1343		1443		1543		1643	
○ Stainton Methodist Church	0638	0738	0840	0925			1050		1150		1250		1350		1450		1550		1650	
○ Rheged Centre	✓	✓	0845	0930			1055		1155		1255		1355		1455		1555		1655	
🚉 Penrith Rail Station	0643	0743	0848	0933			1058		1158		1258		1358		1458		1558		1658	
● Penrith Bus Station stand 3	0649	0749	0854	0939			1104		1204		1304		1404		1504		1604		1704	

Key

- 🚉 Rail station
- Monday to Friday only
- Friday and Saturday nights only

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Mondays to Saturdays excluding public holidays

route number	X4	X5	X5	X4	X5	X5	X5
● Workington Bus Station stand A	1620	1645	1715	1815	1915	2115	2315
○ Clifton Hotel	1627	1652	1722	1822	1922	2122	2322
○ Bridgefoot	↓	1655	1725	↓	1925	2125	2325
○ Brigham Low Road	↓	1659	1729	↓	1929	2129	2329
○ Cockermouth Low Road	↓	1703	✓	↓	✓	✓	✓
○ Cockermouth Oakhurst	1634	✓	1734	1829	1934	2134	2334
○ Cockermouth Main Street	1644	1709	1741	1839	1941	2141	2340
○ Brathay Hill	1653	1718	1750	1848	1950	2150	2349
○ Lakes Distillery	1655	↓	↓	1850	↓	↓	↓
○ Castle Inn	1658	↓	↓	1853	↓	↓	↓
○ Bassenthwaite village A591	1701	↓	↓	1856	↓	↓	↓
○ Thornthwaite Swan Hotel	↓	1725	1757	↓	1957	2157	2357
○ Braithwaite Police Station	↓	1729	1801	↓	2001	2201	0001
● Keswick Bus Station stand 1 arrive	1712	1737	1809	1907	2009	2209	0009
Same bus - no need to change	⌚		⌚	⌚			
● Keswick Bus Station stand 1 depart	1720		1820	1920			
○ Threlkeld Horse and Farrier	1731		1831	1931			
○ Troutbeck road end A66	1738		1838	1938			
○ Penruddock Herdwick Inn	1743		1843	1943			
○ Stainton Methodist Church	1750		1850	1950			
○ Rheged Centre	1755		1855	1955			
⚓ Penrith Rail Station	1758		1858	1958			
● Penrith Bus Station stand 3	1804		1904	2004			

Sundays including Public Holidays

route number	X5	X5
● Workington Bus Station stand A	0715	1715
○ Clifton Hotel	0722	1722
○ Bridgefoot	0725	1725
○ Brigham Low Road	0729	1729
○ Cockermouth Oakhurst	0734	1734
○ Cockermouth Main Street	0741	1741
○ Brathay Hill	0750	1750
○ Thornthwaite Swan Hotel	0757	1757
○ Braithwaite Police Station	0801	1801
● Keswick Bus Station stand 1 arrive	0809	1809
Same bus - no need to change	⌚	⌚
● Keswick Bus Station stand 1 depart	0820	1820
○ Threlkeld Horse and Farrier	0831	1831
○ Troutbeck Hotel A66	0838	1838
○ Penruddock Herdwick Inn	0843	1843
○ Stainton Methodist Church	0850	1850
○ Rheged Centre	0855	1855
⚓ Penrith Rail Station	0858	1858
● Penrith Bus Station stand 3	0904	1904

Then every
60 mins
until

Key

- ⚓ Rail station
- Monday to Friday only
- Friday and Saturday nights only
- School days only - does not operate via Penrith Rd in Keswick
- Saturdays and school holidays only

⌚ To comply with driver's hours regulations, these buses connect at Keswick. The connection is guaranteed, through fares are available and passengers can stay on the bus which operates through

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Mondays to Saturdays excluding public holidays

route number	X5	X5	X5	X4	X4	X5	X5	X5	X5	X4	X5	X5	X4	X5	X5	X4	X5	X5	X5
</																			

Key

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Mondays to Saturdays excluding public holidays

route number	X4	X5	X5	X4	X5	X5	X4	X5	X5
 Penrith Bus Station stand 3	1615		1715	1815	1915		2015		
 Penrith Rail Station	1620		1720	1820	1920		2020		
 Rheged Centre	1626		1726	1826	1926		2026		
 Stainton Methodist Church	1629		1729	1829	1929		2029		
 Penruddock Herdwick Inn	1636		1736	1836	1936		2036		
 Troutbeck road end A66	1641		1741	1841	1941		2041		
 Threlkeld Horse and Farrier	1648		1748	1848	1948		2048		
 Keswick Bus Station stand 1 arrive	1701		1801	1901	2001		2101		
Same bus - no need to change									
 Keswick Bus Station stand 1 depart	1710	1745	1810	1910	2005	2015	2105	2215	0015
 Bassenthwaite village A591	1724	↓	↓	1924	↓	↓	2119	↓	↓
 Castle Inn Hotel	1727	↓	↓	1927	↓	↓	2122	↓	↓
 Braithwaite Police Station	↓	1751	1816	↓	2011	2021	↓	2221	0021
 Thornthwaite Swan Hotel	↓	1755	1820	↓	2015	2025	↓	2225	0025
 Lakes Distillery	1729	✓	✓	1929	✓	✓	2124	✓	✓
 Brathay Hill	1731	1802	1827	1931	2022	2032	2126	2232	0032
 Cockermouth Main Street	1741	1812	1837	1941	2032	2042	2136	2242	0042
 Cockermouth Oakhurst	1744	✓	1840	1944	2035	2045	2139	2245	0045
 Cockermouth Low Road	↓	1814	✓	↓	↓	✓	↓	✓	✓
 Brigham Low Road	↓	1818	1845	↓	↓	2049	↓	2249	0049
 Bridgefoot	↓	1822	1849	↓	↓	2053	↓	2253	0053
 Clifton Hotel	1751	1825	1852	1951	2042	2056	2146	2256	0056
 Workington Bus Station	1801	1835	1902	2001	2052	2106	2156	2306	0106

Sundays including Public Holidays

route number	X5	X5
 Penrith Bus Station stand 3	0915	1915
 Penrith Rail Station	0920	1920
 Rheged Centre	0926	1926
 Stainton Methodist Church	0929	1929
 Penruddock Herdwick Inn	0936	1936
 Troutbeck road end A66	0941	1941
 Threlkeld Horse and Farrier	0948	1948
 Keswick Bus Station stand 1 arrive	1001	2001
Same bus - no need to change		Then every 
 Keswick Bus Station stand 1 depart	1010	2010
 Braithwaite Police Station	1016	2016
 Thornthwaite Swan Hotel	1020	2020
 Brathay Hill	1027	2027
 Cockermouth Main Street	1037	2037
 Cockermouth Oakhurst	1040	2040
 Brigham Low Road	1045	2045
 Bridgefoot	1049	2049
 Clifton Hotel	1052	2052
 Workington Bus Station	1102	2102

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- Penrith & Ullswater zone
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